

JUBILEE 2025



THE CATHOLIC COMMUNITY OF NORTH HARBOUR

Worshipping Communities of Allambie Heights, Balgowlah, Balgowlah Heights, Brookvale, Clontarf, Manly Vale, North Balgowlah, Seaforth and parts of Beacon Hill and North Manly



**25
AUG
2024**
YEAR B

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay

Want to receive the bulletin via e-mail? Email office@nhcatholic.org.au



21ST SUNDAY IN ORDINARY TIME

“You have the words of eternal life. We have come to believe and are convinced that you are the Holy One of God.” - Jn 6:68-69

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

1ST READING

Joshua 24:1-2. 15-18

The tribes of Israel choose the Lord above all other gods.

RESPONSORIAL PSALM

Ps 33:2-3. 16-23. R. v.9

Taste and see the goodness of the Lord.

2ND READING

Ephesians 5:21-32

Family members in Christ must defer to one another.

GOSPEL ACCLAMATION

See John 6:63. 68

Alleluia, alleluia!

Your words, Lord, are spirit and life: you have the words of everlasting life. Alleluia!

GOSPEL

John 6:60-69

Many disciples desert Jesus.

MASS & LITURGY TIMES

CHURCH OF ST. CECILIA

Wanganella St and White St, Balgowlah 2093

MASS:

Wednesday, 9am
Sunday, 9am

BAPTISM:

Sunday, 10.30am
1st Sundays of the month (within the 9am Mass)

Baptism Preparation is required for first baptisms. Contact Parish Office for more details. Thank you.

RECONCILIATION:

Saturday, 5.00 to 5.45pm
Church of St. Kieran

YOUTH MASS:

2nd Sundays of the month
during the school term.

WEDDING:

Require six months notice and include Pre-Marriage Course as part of the preparation.

CHURCH OF ST. KIERAN

2 King Street, Manly Vale 2093

MASS:

Monday, Tuesday, Thursday, Friday*, Saturday,
8.30am
Saturday (Vigil), 5.30pm
Sunday, 7.30am, 9.30am, 5pm

** Adoration to the Blessed Sacrament after Mass on Fridays.*

BAPTISM:

Sunday, 11.30am
1st Sundays of the month (within the 9.30am Mass)

Baptism Preparation is required for first baptisms. Contact Parish Office for more details. Thank you.

In the spirit of reconciliation the Catholic Community of North Harbour acknowledges the Traditional Custodians of these lands on which we gather. We recognise their continuing connection to the lands and waterways and pay our respect to their elders past and present and extend that respect to all First Nations people in our community.



WELCOME TO NORTH HARBOUR

- YOU ARE INVITED
- JOIN US IN OUR VARIED CELEBRATIONS & ACTIVITIES
- CONSIDER SHARING YOUR GIFTS TO US

Scan me!



GET IN TOUCH

- ✉ OFFICE@NHCATHOLIC.ORG.AU
2 KING STREET, MANLY VALE 2093 NSW
- 🌐 WWW.BBCATHOLIC.ORG.AU/NORTHHARBOUR
- ☎ (02) 9949 4455

WHY DO WE DO THAT? Catholic Life Explained

Question:

What kind of religious practices should we begin, once we marry, to help us practice our faith each day?

Answer:

Your spiritual life as a couple is important. The sacrament of Marriage is a gift and a grace, but living it well isn't always easy! It requires intentionality and perseverance. Growing your spiritual life as a couple also requires a plan. Life can be incredibly busy. There's never "enough time" for everything we want to do. But we can live by our priorities. If we don't prioritize prayer, we'll find it slowly disappear from our lives.

If you're not already praying individually, that's a good place to start. If your schedules are similar, take some quiet time at the same time to help hold each other accountable. Praying together is also important! You could start by looking at the religious practices of your family and of families around you that you respect. Talk with your spouse about the ones who make the deepest impression on you or were most meaningful when you were young. Think about what you want your future children to experience. Making faith a commitment now will mean it is engrained habit when you grow your family. Ultimately, these faith practices should help us grow in our love for God and for one another.

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BRINGING HOME THE GOSPEL

This Sunday's Gospel pulls no punches, telling us to eat Jesus' flesh and drink his blood. Read those words without the benefit of faith and centuries of experience celebrating the Eucharist, and see if you don't feel like walking away from the miracle-worker too. It is clear that Jesus expects his followers to devour all that he is; his very being, wholly divine and wholly human.

When we receive the divine Jesus we share in his divinity. We recognize that God is in us and we are in God. When we are one with God we are one with all people and one with all that is. When we receive the human Jesus we take in and accept Jesus' humanity. We accept our own humanness with all of the pain and joy, the uncertainty and limits that this entails.

Like every human, Jesus experienced physical, emotional and spiritual pain. Jesus accepted his humanity with all of its limitations, and we must do the same. Accepting our humanness means giving up the notion that we can control everything. It means accepting the fact that at times we will have to endure both physical pain and the emotional pain of being embarrassed or abandoned.

When we can truly admit that we cannot do it all, or do everything perfectly, we can ask Jesus to fill us with his strength and love. When this happens we can begin to live in God's grace, God's love. Suffering and disillusionment may not go away, but our focus changes and all of life, the good and not so good, becomes a blessing.

Help your children understand that Jesus is more than a good role model showing us how to live our life in God's grace. Jesus is our sustenance, the very thing we need to be able to live and remain in God's love.

FAMILY RESPONSE:

Ask family members to talk about times in their lives when God really helped them.

PERSONAL RESPONSE:

In what area of your life do you need God's help at this time?



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WEEKLY SOCIAL JUSTICE CHALLENGES

If there is a message to hear this week, it is about being ready. The parables foretell the end of the world... be ready for you don't know when that might be. For Christians, that means we need to believe in, think about, and do the right things in life; we need to have our priorities in order. So what does this include? Feed the hungry, clothe the naked, visit those in prison and give drink to those who are thirsty. Spend your life doing these things and you will be prepared.

Why is that? These things shape our hearts and make us humble and willing to put others before ourselves. They help us to see the face of Christ in our midst. It is the crazy paradox of being a Christian. To be first, you must be last. To be a leader, you must be a servant. Are you ready? What are you spending your time on these days? The challenge this week is to look at your calendar... personal and family. How are you spending your time? Read Matthew 25:31-46, and make sure some of those things make it on your calendar each week.



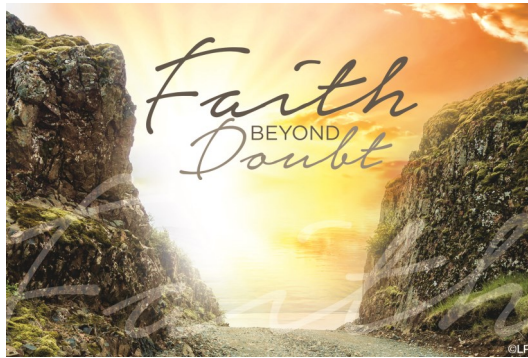
PASTORAL CARE FOR THE HOMEBOUND

Our clergy and pastoral care ministers bring the sacraments of Eucharist, reconciliation, and anointing of the sick to parishioners who are unable to participate because of illness or aging. For more information and to arrange receiving the sacraments, contact Parish Office.

CARE FOR CREATION TIPS

"As for me and my household, we will serve the Lord." -Joshua 24:15.

This week, choose not to fret about what your near and far neighbours aren't doing to care for the environment. Instead, focus on what you and your household can do or can continue to do to serve the Lord by caring for creation. If your family can afford the more expensive recycled toilet paper, then buy it. If you can get to the farmers' market to buy your produce while supporting local farmers, do it. If you have space to hang laundry on a clothesline, go for it, regardless of whether your neighbours do the same or not.



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SICK CALLS

AND OTHER URGENT MATTERS

If you need a priest urgently, please call the appropriate number:

BUSINESS HOURS:
PARISH OFFICE—9949 4455

AFTER HOURS:
(Evenings & Weekends)
0490 898 464



PRAY FOR THOSE IN OUR COMMUNITY:

SICK:

Cecilia Yeung, Geoff Richardson, Greg Hyde, Michael Halloway, Yvonne Taylor, Erroll Abbott, Pat Cooper

RECENTLY DECEASED:

Peter Chang, Denece Hutchinson, Francis Hegarty

ANNIVERSARIES:

Br Daniel McEwen FMS, Bruce Richardson, David Mascarenhas

NEXT BAPTISM PRESENTATION COURSE
SUNDAY 6TH OCTOBER 2024

Our community would love to pray for you.
If you have an intention you would like to be included in this bulletin please e-mail office@nhcatholic.org.au



SOCIAL JUSTICE SUNDAY
25 AUGUST

READ THE AUSTRALIAN CATHOLIC BISHOPS' STATEMENT ABOVE:
"TRUTH AND PEACE: A GOSPEL WORD IN A VIOLENT WORLD"

FORMING THE NEXT GENERATION OF
Augustinians

PLEASE GIVE GENEROUSLY TO THE AUGUSTINIAN FORMATION APPEAL

Support the young men of the Australian Province in Augustinian formation houses in Sydney, Vietnam, Philippines, and Italy who are listening to and discerning God's call to religious life. This is only possible with your prayers, encouragement and financial support.

Donations over \$2 are tax deductible.

FOR MORE INFORMATION:

accounts@osa.org.au
+61 2 9938 0200
www.osa.org.au





HAPPY *Feast Day* AUGUSTINIANS!

Mass Times:

27 August
8:30AM, St Kieran's

28 August
8:30AM, St Kieran's
10AM: School Mass, St Kieran's

No Masses at St Cecilia's on 28 August.



St Monica
27 AUGUST



St Augustine
28 AUGUST



Father's Day Blessing

AT ALL MASSES NEXT WEEKEND



We Need You!

Help us cook our Bunnings BBQ on **Father's Day, 1 September** at Balgowlah, from **9AM-4PM**. All proceeds will go to LocalKind, who supports those in need throughout the Northern Beaches area. Sign up for **one hour** to support this great cause!

TO SIGN UP, EMAIL URSULA: FAMILIES@NHCATHOLIC.ORG.AU



MASS OF ANOINTING OF THE SICK

WED 4 SEPTEMBER
10AM, ST KIERAN'S CHURCH

MORNING TEA TO FOLLOW AFTER MASS AT THE PARISH CENTRE



RCIA Program

PROGRAM COMMENCES IN OCTOBER

CONTACT URSULA FOR INFORMATION:
0450 101 767
FAMILIES@NHCATHOLIC.ORG.AU

VINNIES MANLY VALE CONFERENCE

Who are we?



We are your local charity organisation, supported by volunteers and generous donations and servicing the community through:

TO JOIN US OR LEARN MORE, CALL:

LEA JORIS: 0418 645 653
VINNIES OFFICE : 9905 0424

- HOME VISITS
- LIVING SUPPORT
- HAMPERS
- ADVOCACY
- PRAYER

Cake Stall

SUNDAY, SEPTEMBER 8
ST CECILIA'S FAMILIES COME GATHER MASS

WILL PATERSON AND JACK WINTER (YEAR 9) ARE SELLING THEIR HOME-BAKED CAKES AND OTHER TREATS AFTER MASS.

ALL PROCEEDS WILL GO TO THE PARISH GIFT PROGRAM, WHICH PROVIDES MEALS FOR OUR MARGINALISED NEIGHBOURS ON THE NORTHERN BEACHES.

Baptism of School-Age Children

PREP SESSIONS (BOTH MANDATORY)
8 SEPTEMBER, 11:00AM AT PARISH CENTRE
15 SEPTEMBER, 11:00AM AT PARISH CENTRE

SACRAMENT OF BAPTISM: 29 SEPTEMBER
10:30AM, ST CECILIA'S 11:30AM, ST KIERAN'S

NORTH HARBOUR PARISH

Liturgical Ministries FORMATION COURSES

FOR PARENTS AND TEACHERS

PARTICIPATE IN OUR SCHOOL FAMILY MASSES AS A

- READER**
PROCLAIM THE READINGS DURING MASS
- EUCCHARISTIC MINISTER**
DISTRIBUTE COMMUNION DURING MASS
- SENIOR SERVER**
ASSIST THE PRIEST AT THE ALTAR
- WELCOMER**
GREET THOSE ATTENDING MASS

FOR EXPRESSIONS OF INTEREST
SCAN THE QR CODE

CATHOLIC COMMUNITY OF NORTH HARBOUR

Young People's Alpha is a safe space to ask life's big questions

SCAN ME

THERE'S A SEAT FOR YOU AT THE TABLE

GATHERING FOR 18-35ISH EVERY SUNDAY FROM 8 SEPTEMBER 6PM IN THE PARISH CENTRE, ST KIERAN'S MANLY VALE

OFFICE@NHCATHOLIC.ORG.AU 9949 4455
 CATHOLIC COMMUNITY OF NORTH HARBOUR ALPHA

Passionate about Social Justice?

At our two Parish Social Justice meetings, we determined four key areas we will work on for the rest of 2024.

Supporting our Parish GIFT Program | Supporting our Vinnies team | Supporting LocalKind | Re-engaging with former valued parishioners now unable to attend Mass

We need you!

We urgently need Eucharistic Ministers or people willing to make a weekly phone call to an isolated person to provide support and companionship. For more information or to register your interest please email Elaine at mathstutor@iinet.net.au.

W T W E L V E R B D M M H O Q
 U R I T Z J Z O U Y S R G B Z
 C H S P I R I T Y C V K E E L
 B E O P G R L W L C K R T T V
 X U M Q Q G S C F M S Z E R U
 B E G I N N I N G V P K R A P
 F X O N E Y D U T J U R N Y G
 C J S P E A K H U O W S A O A
 P G U N D E R S T A N D L D M
 O I A O J P Q W C J H V R A B
 H D T G K V G X X M O J W Z A
 Y T G X F E U S U R P V S J C
 Z J F A I T H Q P X Y R R H K
 K K D V S I M O N P E T E R S
 H V O Z X V O B R E A D S T L

WORD SEARCH

The Lord has the words of everlasting life.

TRY TO FIND THESE WORDS:

- backs
- beginning
- betray
- bread
- eternal
- faith
- one
- Simon Peter
- speak
- Spirit
- twelve
- understand

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Sharing the Gospel

Jesus said that anyone who ate his flesh and drank his blood would have everlasting life. Many people did not believe this and walked away. Believing something you do not understand is hard. Before the Wright brothers flew their airplane, people said, "It cannot be done." After they saw it fly, people understood and believed. With God's gift of faith, you can believe even when you do not understand.

Prayer

Father, bless me so I always believe in you and your Son, Jesus Christ.

Mission

I will say every morning: I believe in God and his Son, Jesus Christ.

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Promoting a safer *Church*

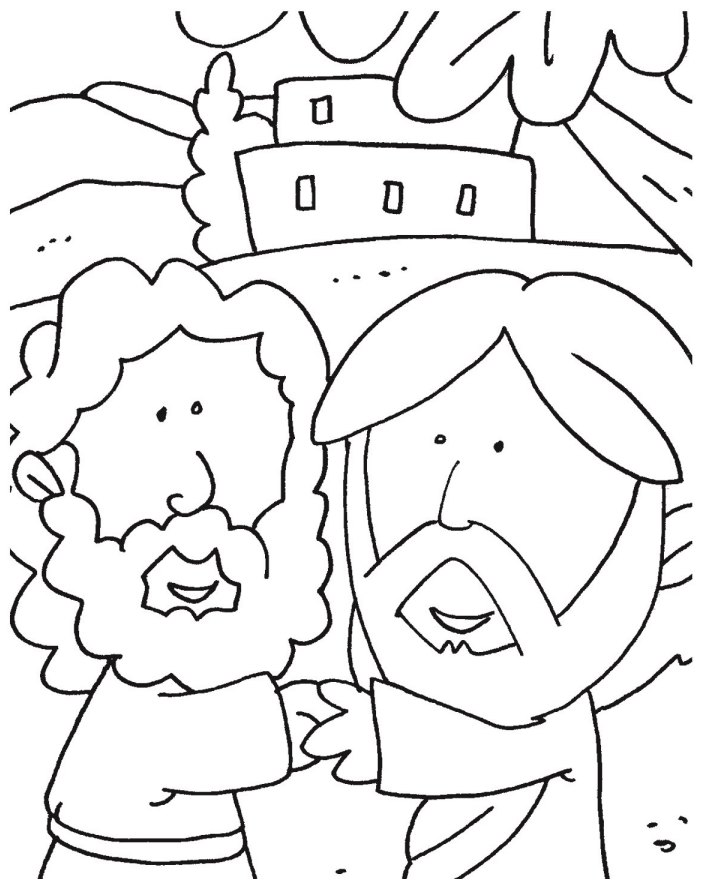
The care and protection of children, young people and adults involved in Church activities is the responsibility of everyone who participates in the LIFE of the Church.

SAFEGUARDING
is everyone's responsibility



COLOR

Read the Gospel of the week and color the image.





Thanks be to Him Who is desired before He is seen,
whose presence is felt, and Who is hoped for in the future.

Sermon 24, 1
- St. Augustine of Hippo

NEXT WEEKEND (1 SEPTEMBER): 22ND SUNDAY IN ORDINARY TIME, YEAR B

<p>1ST READING Deuteronomy 4:1-2. 6-8 <i>By obeying God, Israel shows wisdom.</i></p> <p>RESPONSORIAL PSALM Ps 14:2-5. R. v.1 <i>The just will live in the presence of the Lord.</i></p> <p>2ND READING James 1:17-18, 21-22, 27 <i>All truly valuable gifts come from above.</i></p> <p>GOSPEL ACCLAMATION James 1:18 <i>Alleluia, alleluia!</i> <i>The Father gave us birth by his message of truth, that we might be as the first fruits of his creation. Alleluia!</i></p> <p>GOSPEL Mark 7:1-8. 14-15. 21-23 <i>Jesus confronts the Pharisees, who pay only lip service to God.</i></p>	<p>31 AUG, 5.30PM ST KIERAN'S</p> <p>Senior Server David</p> <p>Readers Val Cecilia</p> <p>Music Audio</p> <p>Communion Min Volunteer needed</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>	<p>1 SEPT, 7.30AM ST KIERAN'S</p> <p>Senior Server Jo</p> <p>Readers Judith Jenny</p> <p>Music None</p> <p>Communion Min Volunteer needed</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>	<p>1 SEPT, 9AM ST CECILIA'S</p> <p>Senior Server TBA</p> <p>Readers Michael H Michael C</p> <p>Music Anushka</p> <p>Communion Min Volunteer needed</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Pauline</p>	<p>1 SEPT, 9.30AM ST KIERAN'S</p> <p>Senior Server Michael</p> <p>Readers Brian C Kate</p> <p>Music Harvest</p> <p>Communion Min Volunteer needed</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>	<p>1 SEPT, 5PM ST KIERAN'S</p> <p>Senior Server Kevin</p> <p>Readers Louise Catherine</p> <p>Music Ben</p> <p>Communion Min Volunteer needed</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>
	<h3>OBSERVANCES FOR THE WEEK OF 25 AUGUST</h3>				
	<p>Mon 26 Aug: Martyrs of the Monastery of Gafsa (<i>Augustinians</i>)</p>				
	<p>Tue 27 Aug: St Monica (<i>Augustinian</i>)</p>				
	<p>Wed 28 Aug: St Augustine, bishop, Doctor of the Church (<i>Augustinian</i>)</p>				
<p>Thu 29 Aug: The Passion of St John the Baptist, martyr</p>					
<p>Fri 30 Aug: Friday of the 21st Week in Ordinary Time, Year II</p>					
<p>Sat 31 Aug: Saturday of the 21st Week in Ordinary Time, Year II</p>					

The Catholic Community of North Harbour

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay www.bbcatholic.org.au



Parish Office 2 King Street, MANLY VALE 2093 NSW AUSTRALIA
P 02 9949 4455 E office@nhcatholic.org.au W www.bbcatholic.org.au/northharbour

Office Hours 9.00am to 4pm (Tuesday to Friday)

Churches
Church of St Cecilia Wanganella St and White St, Balgowlah 2093 NSW
Church of St Kieran 2 King St, Manly Vale 2093 NSW

Parish Staff
Parish Priest: Fr Michael Belonio, OSA E pp@nhcatholic.org.au
Asst Priest: Fr Jumbim Torres, OSA E jtorres@nhcatholic.org.au
Asst Priest: Fr John Zhang E jzhang@nhcatholic.org.au
Deacon: Deacon Van Tu Nguyen, OSA E tnguyen@nhcatholic.org.au
Parish Manager: Jacky Worthington E manager@nhcatholic.org.au (Mon, Wed, Thu)
Parish Secretary: Jane Filacuridi E office@nhcatholic.org.au (Tue, Wed)
Parish Secretary: Anne Ross E office@nhcatholic.org.au (Thu, Fri)
Catechists, Family & Sacramental Ministries: Ursula Halloway M 0450 101 767 E families@nhcatholic.org.au
Media & Communications: Sophie Boffa E comms@nhcatholic.org.au
Music Ministry: Marianne Kaw-Deveza E music@nhcatholic.org.au
Youth & Children's Choir: Victoria Merillo E choir@nhcatholic.org.au

Resident Priests
Fr Minh-Tan Hoang, OSA E minhtanhoang@yahoo.com.au
Fr Peter Jones, OSA E peter.jones@osa.org.au (Prior Provincial)
Fr Paul Maloney, OSA E paulmal@bigpond.com (Retired)
Fr Abel van der Veer, OSA E vabelvanderveer@gmail.com (Retired)
Fr Senan Ward, OSA E senanward@bigpond.com (Chaplain, St. Augustine's College, Brookvale)

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B.Bus, J.P



 St Cecilia's Catholic Primary School



Principal: Ms Louise O'Brien



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North Harbour PARISH

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To support our Parish and our Diocese, please scan the QR code, download the Parish Giving Broken Bay App, sign in and become a regular donor. Alternatively, visit: brokenbay.goodgiving.com.au/home/brokenbay